Bestwood VILLAGE SCHOOL

KS3-Personal Development-Scheme of Work

A S P I R E

Year A	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
PHSE	Skills For Learning		Personal Space		Mental Wellbeing		Puberty & RSE		Medicines		Public & Private: Online	
PD Carousel	Careers Why Work?	Citizenship What Shapes Who We Are	RE Christianity	Digital Skills We are Programmers	Careers Health & Safety at Work	Citizenship Diversity & Discrimination	RE Islam	Digital Skills We are Bug Fixers	Careers Enterprise	Citizenship Active Citizenship	RE Buddhism	Digital Skills We are Presenters
Outdoor Learning	Wheels Ability		Wheels Ability		My Outdoors		My Outdoors		Forest School		Forest School	
Preparing For Adulthood	My Independence Friends, Relationships & Community				My Independence Good Health				My Independence Independent Living		My Independence Employment	
Life Skills (PFA)	Ability to Learn Expressive Arts Media		IT Skills Design & Technology Media		Literacy RSE Hospitality & Catering		Numeracy RSE Hospitality & Catering		Teamwork Languages Health & Social Care		Problem Solving Citizenship Land-Based	

Year B	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
PHSE	What is Prejudice		Managing Risk		Self-Esteem		Puberty & RSE		Healthy Meals		Communicating Online	
PD Carousel	Careers Digital Skills	Citizenship Hate Speech	RE Christianity	Digital Skills We are Programmers	Careers Jobs in the Community	Citizenship Relationships & Communication	RE Hinduism	Digital Skills We are Who We Are	Careers Managing Time	Citizenship Media Literacy	RE Judaism	Digital Skills We are Co-Authors
Outdoor Learning	Wheels Ability		Wheels Ability		My Outdoors		My Outdoors		Forest School		Forest School	
Preparing For Adulthood	My Independence Friends, Relationships & Community				My Independence Good Health				My Independence Independent Living		My Independence Employment	
Life Skills (PFA)	Ability to Learn Expressive Arts Media		IT Skills Design & Technology Media		Literacy RSE Hospitality & Catering		Numeracy RSE Hospitality & Catering		Teamwork Languages Health & Social Care		Problem Solving Citizenship Land-Based	

Year C	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
PHSE	Managing Pressure		Healthy Relationships		Romantic Relationships & Attraction		Puberty & RSE		Body Image		Online Harms & AI	
PD Carousel	Careers Choices	Citizenship Privacy & Security	RE Christianity	Digital Skills We are Programmers	Careers Working with Others	Citizenship Digital Identity	RE Sikhi	Digital Skills We are Opinion Pollsters	Careers Enterprise Skills	Citizenship Active Citizenship	RE Humanism	Digital Skills We are Presenters
Outdoor Learning	Wheels Ability		Wheels Ability		My Outdoors		My Outdoors		Forest School		Forest School	
Preparing For Adulthood	My Independence Friends, Relationships & Community				My Independence Good Health				My Independence Independent Living		My Independence Employment	
Life Skills (PFA)	Ability to Learn Expressive Arts Media		IT Skills Design & Technology Media		Literacy RSE Hospitality & Catering		Numeracy RSE Hospitality & Catering		Teamwork Languages Health & Social Care		Problem Solving Citizenship Land-Based	

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