

September 2025

Dear Parents and carers,

As a part of your child's education at Bestwood Village School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential. Our Teaching Team receives regular training on teaching and delivering RSE topics by experienced external trainers as well as internal professional development training and access to online training for PHSE topics.

Relationships Education (RSE) in our Key Stage 2 PHSE programme will include teaching about: healthy relationships, including friendships; families; growing and changing, including personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Our bespoke PHSE programme has been carefully planned to meet the biological and developmental needs of our pupils across all three curriculum pathways. Pupils in Year 6 who are transitioning into our Key Stage 3 will receive lessons that introduce human reproduction and why our bodies change during puberty. This is in line with the statutory requirements for Year 6 Pupils and will be taught at an appropriate level for each individual pupil. Primary Relationships Education ensures children have the knowledge to keep them safe and prepares them for statutory Sex Education in KS3.

Relationships and Sex Education (RSE) lessons in our Key Stage 3 programme will include teaching about; romantic and intimate relationships, understanding what sex means and the consequences of sex, consent, contraception and sexual health. These lessons are carefully planned and taught to meet the biological and developmental needs of our pupils across our 3 Curriculum Pathways.

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Parents and carers do have the right to withdraw their child from lessons covering non-statutory content up to a child's 15<sup>th</sup> birthday, however, we would urge any parents and carers considering withdrawing their child from these lessons to consider what is being taught, how it is being taught and how important this education is for all children. Parents/Carers will be informed in advance of these lessons and provided with the opportunity to discuss these lessons with the PHSE Lead and Class teacher and find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home. Please visit the school's website [www.bestwoodvillageschool.co.uk](http://www.bestwoodvillageschool.co.uk) for more details about our PSHE curriculum and to access the '**Right to Withdraw**' Form. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

**It is important to note that parents do not have the right to withdraw their children from the statutory RSE and Health curriculum or human reproduction elements of the Science National Curriculum.**

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff, Senior Leadership Team and Governing Body. As a school community, we are committed to working in partnership with parents.

Please get in touch with me or Claire Chambers, Deputy Head, if you wish to discuss any aspects of our RSE Programme. Please contact our Admin Office for paper copies of the 'Right to Withdraw' Form or PHSE Curriculum.

Yours sincerely,

Alison Scotney

Sendco/Personal Development Lead

# Options Autism



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